

ALLERGY & NUTRITION INFORMATION

I. LEGAL INFORMATION

The information in this guide was derived from each supplier's product list and is based on the requirement that all Boston's recipes and assembly procedures are followed to the exact specifications.

Disclaimer:

The nutritional information seen here was prepared by MenuTrinfo®, LLC and is based on standard serving sizes and product formulations prepared with approved ingredients. The nutritional data presented are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Please note that slight variations may occur and Boston Pizza Restaurants, LP does not assume responsibility for this information and cannot guarantee that the data is completely accurate as it relates to the prepared menu items in every Boston's Restaurant & Sports Bar location.

Information regarding allergens is provided by the ingredient manufacturer. Boston Pizza Restaurants, LP does not assume responsibility for this information or a particular sensitivity or allergy to any food item provided in the restaurant. Please be advised that cross contamination may occur, and a menu item may not be completely free of any allergen.

II. NUTRITIONAL INFORMATION

The serving size listed is the approximate size of menu item served to the Guest (unless otherwise noted). **Substitutions of ingredients may alter nutritional values.** Although this data is based on standard portion product guidelines, variations can be expected due to minor differences in product assembly per restaurant and other factors.

Except for limited time offerings or test market items, menu products as of this printing are included on the menu. Product data is based on current formulations as of the date of this printing.

Boston Pizza International Inc. publishes updated versions of the "Nutrition Analysis" guide periodically. This guide reflects the ingredient and nutritional information for the products presented on the date as listed in the bottom right hand corner of the first page of this document.

Disclaimer:

This nutritional information is based on standard ingredients and the accuracy of the data is dependent upon the restaurant operator's compliance with proper preparation and portion requirements.

Slight variations may occur and Boston Pizza Restaurants, LP does not assume responsibility for this information and cannot guarantee that the data is completely accurate as it relates to the prepared menu items in every restaurant. Substitutions of ingredients may alter nutritional values.

NEW CAMPAIGN ITEM NUTRITIONALS:

2020 Q1 LTO Promotion		Calories	Calories from fat	Total Fat (g)	Saturated fat (g)	Trans fat (g)	Poly unsat fat (g)	Mono unsat fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Net Carbs	Total Sugars (g)	Protein (g)
Cheezburger Pizza	Whole Pizza	880	360	40	8		8	8	40	2000	160	104	8	96	8	24
	Per Slice	110	45	5.0	1		1	1	5	250	20	13	1	12	1	3
Chili Lime Shrimp Bowl	Includes 6 Grilled Shrimp	510	340	39	6		11	0	55	1680	1050	31	12	19	10	17
Citrus Cajun Salmon	Includes Glaze	890	610	69	11		33	9	130	1580	1970	21	7	14	4	53
Fathead Pizza	Whole Pizza	2400	1840	208	80		20	32	640	6160	960	32	16	16		112
	Per Slice	300	230	26	10		2.5	4	80	770	120	4	2	2		14
Apple Crisp Flatbread	Whole Flatbread	1670	530	60	35		3	15	145	660	410	266	11	255	110	21
	Per Piece	139	44	5	3		0	1	12	55	34	22	1	21	9	2
Spinach And Artichoke Dip - Lite	Includes veggies and 1/2 CauliPower Pizza Bread	1080	630	71	39		4.5	8	215	2750	1270	71	13	58	13	39
Superfood Pizza	Whole Pizza	1120	640	72	12		8	16	80	1520	920	104	16	88		24
	Per Slice	140	80	9	2		1	2	10	190	115	13	2	11		3

III. ALLERGY INFORMATION

All allergens listed for the Starter section include allergens that are found in the product when it is made as per the Boston's Recipe and Assembly Procedures. The allergy declaration includes the side sauce /or dip that comes with the menu item.